

Learning Myths

Some portion of our anatomy must be in contact with a chair at all times in order to learn.

Fact: Our ability to learn by experience diminishes in direct proportion to the amount of time we spend sitting.



Myth 2

The person who does the most listening does the most learning.



Fact - The person doing the most talking or moving or writing is doing the most learning.

Myth 3

The best way to teach is to be a "sage on the stage" and give information in a well planned lecture.

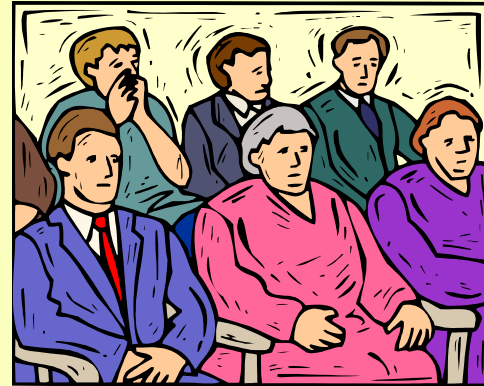


Fact - We remember 10-20% of what we hear. If we want someone to "hear" something, we lecture. If we want students to "learn" it we need to be the "guide on the side" and involve them.



Myth 4

If we'd only listen, we'd remember more.



Fact - We learn and remember 80 percent to 90 percent of what we do and say. In order to learn anything well, we need to talk about it with each other and do it a number of times ourselves.

Myth 5

The more "serious" the learning is, the more we will remember.



Fact - We learn and remember best when we are engaged and enjoying what we're doing.

Myth 6

Fun is marginal to learning.



Fact - Not only do we learn best and remember more when we enjoy success at an appropriately challenging experience, we also will be more willing to seek out other challenging learning experiences.

Myth 7

The only person who should be the "sage on the stage" is the expert in the field.



Fact - We are all in the process of becoming experts in something. The more of our knowledge we share with others, the more we learn.